

SOUTHWEST CLASSIC HEPTATHLON

ALL - TIME EVENT PERFORMERS

ALL - TIME 100 METER HURDLES

1	13.73	Kendell Williams	Kennesaw, Georgia
2	13.75	Tiana Bonds	Las Vegas, Nevada
3	13.82	Sterling Lester	Marietta, Georgia
4	13.93	Ryann Kraiss	Methacto, Eagle Valley, Per
5	13.97	La'Tristan Pledger	Kansas City, Kansas
6	13.98	Precious Selmon	Festus, Missouri
7	13.99	Lindsay Vollmer	Hamilton, Missouri
8	14.03	Anna Hall	Highland Ranch, Colorado
9	14.10	Shaye Maurer	Cedar City, Utah
10	14.23	Ashlee Moore	Chandler, Arizona

ALL - TIME HIGH JUMP

1	6' 00.75"	Kendell Williams	Kennesaw, Georgia
2	5' 11.50"	Anna Hall	Highland Ranch, Colorado
3	5' 10.75"	Gabby Williams	Sparks, Nevada
4	5' 10.50"	Jordan Lanning	Bayfield, Colorado
5	5' 09.75"	Alexa Harmon-Thomas	Lawrence, Kansas
6	5' 08.00"	Ryann Kraiss	Methacto, Eagle Valley, Per
7	5' 08.00"	Shaye Maurer	Cedar City, Utah
8	5' 08.00"	Karli Johonnot	Las Vegas, Nevada
9	5' 08.00"	Ashlee Moore	Chandler, Arizona
10	5' 07.75"	Molly Kenedy	Tennessee

ALL - TIME SHOT PUT

1	43' 01.00"	Amber Metoyer	Boulder, Colorado
2	42' 01.25"	Alysiah Whittaker	Dittmer, Missouri
3	42' 00.75"	Lauren Reimer	New Brunfels, Texas
4	41' 08.50"	Avery Ellis-Byerly	Austin, Texas
5	40' 11.75"	Leigha Brown	McAllen, Texas
6	39' 05.00"	Shauna Rohbock	Orem Mt View, Utah
7	38' 06.75"	Brittany Borman	DeSoto, Missouri
8	38' 03.25"	Jaynie Goodbody	Wendell, Idaho
9	38' 02.00"	Noelle Pikus	Orem Mountain View, Utah
10	38' 01.50"	Kelly Pottorff	Troy, Illinois

ALL - TIME 200 METER DASH

1	24.24	Sterling Lester	Georgia
2	24.31	Ryann Kraiss (4.3)	Methacto, Eagle Valley, Per
3	24.40	Tiana Bonds	Las Vegas, Nevada
4	24.56	Anna Hall	Highland Ranch, Colorado
5	24.57	Cheyenne Hoerr	St. Louis, Missouri
6	24.79	Kendell Williams	Kennesaw, Georgia
7	24.98	Karli Johonnot	Las Vegas, Nevada
8	25.00	Lindsay Vollmer	Hamilton, Missouri
9	25.02	Carsyn Spurgeon	Vinita, Oklahoma
10	25.02	Lucy Harris	St. George, Utah

ALL - TIME 1ST DAY TOTAL

1	3,478	Anna Hall	Colorado
2	3,468	Kendell Williams	Kennesaw, Georgia
3	3,379	Ryann Kraiss	Methacto, Eagle Valley, Per
4	3,340	Sterling Lester	Marietta, Georgia
5	3,305	Lauren Reimer	New Braunfels, Texas
6	3,285	Ashlee Moore	Chandler, Arizona
7	3,258	Alexa Harmon-Thomas	Lawrence, Kansas
8	3,245	Tiana Bonds	Las Vegas, Nevada
9	3,243	Lindsay Vollmer	Hamilton, Missouri
10	3,212	Shaye Maurer	Cedar City, Utah

ALL - TIME LONG JUMP

2012	1	20' 03.50"	Kendell Williams	Kennesaw, Georgia	2012
2014	2	19' 10.75"	Anna Hall	Highland Ranch, Colorado	2018
2018	3	19' 06.75"	La'Tristan Pledger	Kansas City, Kansas	2009
2008	4	19' 06.25"	Ariel Okorie	Missouri	2016
2010	5	19' 04.25"	LaJarvia Brown	St. Louis, Missouri	2016
2009	6	19' 02.00"	Alexa Harmon-Thomas	Lawrence, Kansas	2013
2011	7	19' 01.25"	Samantha Collins	Mesa, Arizona	2008
2018	8	19' 00.50"	Ashlee Moore	Chandler, Arizona	2014
2009	9	19'00.00"	Sterling Lester	Marietta, Georgia	2018
2014	9	19'00.00"	Lucy Harris	St. George, Utah	2025
	9	19'00.00"	Kaytlin Laduke	Snowflake, Arizona	2025

ALL - TIME JAVELIN THROW

2018	1	146' 03"	Shauna Rohbock	Orem Mountain View, Utah	1995
2012	2	143' 04"	Tiffany Lott	St. George Pine View, UT	1993
2019	3	143' 04"	Jessica Adams	Wendell, Idaho	2004
2013	4	140' 01"	Lindsay Vollmer	Hamilton, Missouri	2011
2008	5	132' 10"	Jaynie Goodbody	Wendell, Idaho	2005
2009	6	132' 10"	Brittani Williams	Houston, Texas	2006
2009	7	130' 09"	Tarin Strosser	Salem, Utah	2014
2014	8	129' 10"	Lauren Reimer	New Braunfels, Texas	2001
2004	9	126' 02"	Sarah Bond	Eskridge, Kansas	2017
	10	125' 01"	Haley Rizek	Albuquerque, New Mexico	2017

ALL - TIME 800 METER RUN

2013	1	2:15.87	Karli Johonnot	Las Vegas, Nevada	2011
2001	2	2:16.20	Brianne Beemer	Loveland, Colorado	2008
2015	3	2:17.18	Anna Hall	Highland Ranch, Colorado	2018
2013	4	2:17.40	Anna Wetteland	Los Alamos, New Mexico	2024
1995	5	2:17.71	Ryann Kraiss	Methacto, Eagle Valley, Per	2008
2006	6	2:17.84	Sterling Lester	Marietta, Georgia	2018
2005	7	2:18.52	Drianna Mustin	Glendale, Arizona	2014
2001	8	2:19.04	Paige Smith	Randolph, Utah	2025
2018	9	2:19.22	Jayci Ballard	Snowflake, Arizona	2025
	10	2:19.44	Sourjourner, Brown	Beaumont, Texas	2008

ALL - TIME TOP PERFORMERS

2018	1	5,798	Anna Hall	Highland Ranch, Colorado	2018
2014	2	5,522	Ryann Kraiss	Methacto, Eagle Valley, Per	2008
2018	3	5,383	Kendell Williams	Kennesaw, Georgia	2012
2012	4	5,357	Lauren Reimer	New Braunfels, Texas	2001
2012	5	5,311	Ashlee Moore	Chandler, Arizona	2014
2011	6	5,270	Sterling Lester	Marietta, Georgia	2018
2010	7	5,258	Tiana Bonds	Las Vegas, Nevada	2014
2015	8	5,185	Lindsay Vollmer	Hamilton, Missouri	2011
	9	5,158	Alexa Harmon-Thomas	Lawrence, Kansas	2013
	10	5,113	Shauna Rohbock	Orem Mountain View, Utah	1994