

ALL - TIME TOP 10 FEMALE PERFORMERS

SHOT PUT

1	44' 07.50"	Hannah Carson	Chandler, Arizona
2	43' 03.75"	Ogouchukwu Nwachukwu	Las Vegas, Nevada
3	41' 11.50"	Athiya Lese	Las Vegas, Nevada
4	41' 09.75"	Sterling Glen	Albuquerque, New Mexico
5	38' 11.75"	Bianca Finn	Chandler, Arizona
6	38' 07.75"	Taylor Mixon	Sandstorm TC
7	37' 10.75"	Aliyana White	Durango Indoor Club
8	37' 08.75"	Mikayla Barnes	Durango Indoor Club
9	37' 08.50"	Ky Westbrook	Chandler, Arizona
10	36' 09.00"	Harlie Medrano	Unattached

LONG JUMP

2011	1	19' 08.00"	Claire Bryant	Houston Christian	2019
2017	2	19' 07.00"	Jasmine Todd	Chandler, Arizona	2012
2017	2	19' 07.00"	Teagan Zwaanstra	Parker Panthers	2020
2023	4	19' 06.75"	Sadie McMullan	Valor Track Academy	2020
2012	5	19' 03.75"	Maya Evans	Unattached	2018
2019	6	19' 02.25"	Jai Gruenwald	Chandler, Arizona	2017
2019	7	19' 01.50"	Ryee Perkins	Flight Club	2020
2019	8	18' 09.00"	Ariele Mack	El Paso, Texas	2017
2011	9	18' 07.75"	Ashley Moore	Nevada Track Club	2019
2020	10	18' 06.50"	Caitlin Simmons	Amata	2020

POLE VAULT

1	13' 03.00"	Mia Manson	Superior Track
2	12' 11.50"	Andrea Willis	Colorado
3	12' 09.00"	Hayley Raburn	Unattached
4	12' 06.00"	Heather Ballew	Longview, Colorado
4	12' 06.00"	Lilly Nichols	Unathtaded
6	12' 05.50"	Taylor Alexander	Lakewood, Colorado
6	12' 00.00"	Annie Sterling	Angel Fire, New Mexico
6	12' 00.00"	Vanessa Davis	Unattached
9	12' 00.00"	Alexandria Goodson	Scottsdale, Arizona
10	11' 11.75"	Baliee McCorkle	Greenwood

TRIPLE JUMP

2018	1	39' 10.50"	Jasmine Todd	Chandler, Arizona	2012
2016	2	39' 08.75"	Ariele Mack	El Paso, Texas	2017
2018	3	39' 04.50"	Tiana Poirer-Shelton	Chandler, Arizona	2017
2011	4	38' 02.00"	Jai Gruenwald	Chandler, Arizona	2018
2023	5	38' 01.50"	Ryee Perkins	Flight Club	2020
2016	6	38' 01.25"	Sydnee Larkin	Aurora, Colorado	2016
2011	7	37' 10.00"	Caitlin Simmons	Amata	2020
2013	8	37' 09.50"	Bacall Sterling	Chandler, Arizona	2012
2017	9	37' 08.75"	Danielle Williams	Aurora, Colorado	2011
2016	10	37' 07.25"	Hailey Harris	Fk Elite	2019

WEIGHT THROW

1	43' 08.75"	Joy Gerow	Valor Track Arcade
2	43' 06.50"	Ogouchukwu Nwachukwu	Las Vegas, Nevada
3	43' 01.50"	Victoria Hernandez	El Paso, Texas
4	42' 05.25"	Amanda Opp	Unattached
5	40' 09.75"	Athiya Lese	Throwers Respect
6	38' 08.25"	Belle Cadle	Throwers Respect
7	36' 08.50"	Joy Gerow	Highland
8	33' 04.75"	Kapua Pulotu	Throwers Respect
9	31' 03.75"	Aaliyah Soa	Bishop Gorman High
10	29' 03.75"	Ariel Washington	Throwers Respect
		Contested 2016-2019	

HIGH JUMP

2018	1	5' 09.00"	Anna Hall	FK Elite	2019
2017	2	5' 07.00"	Claire Bryant	Houston Christian	2019
2017	3	5' 06.00"	Cierra Tidwll	Arizona Elite	2018
2018	4	5' 05.75"	Cadija Harris	Chandler, Arizona	2011
2018	5	5' 04.00"	Lindsey Larsen	Albuquerque, New Mexico	2014
2018	5	5' 04.00"	Jordan Otto	Richards, Texas	2016
2017	5	5' 04.00"	Kaley Dodd	Carefree	2017
2019	5	5' 04.00"	Nykat Ezbon	Black and Gold	2018
2017	5	5' 04.00"	Raina Branch	Pack Leader Track	2018
2016	5	5' 04.00"	Paige Platt	Flight Club	2020
	5	5' 04.00"	Jameelah Carswell	Arizona Elite	2020