

# SOUTHWEST CLASSIC HEPTATHLON

## ALL - TIME EVENT PERFORMERS

### ALL - TIME 100 METER HURDLES

1	13.73	<b>Kendell Williams</b>	<b>Kennesaw, Georgia</b>	2012	1	20' 03.50"	<b>Kendell Williams</b>	<b>Kennesaw, Georgia</b>	2012
2	13.75	Tiana Bonds	Las Vegas, Nevada	2014	2	19' 10.75"	Anna Hall	Highland Ranch, Colorado	2018
3	13.82	Sterling Lester	Marietta, Georgia	2018	3	19' 06.75"	La'Tristan Pledger	Kansas City, Kansas	2009
4	13.93	Ryann Kraiss	Methacton, Eagle Valley, Pennsylvania	2008	4	19' 06.25"	Ariel Okorie	Missouri	2016
5	13.97	La'Tristan Pledger	Kansas City, Kansas	2010	5	19' 04.25"	LaJarvia Brown	St. Louis, Missouri	2016
6	13.98	Precious Selmon	Festus, Missouri	2009	6	19' 02.00"	Alexa Harmon-Thomas	Lawrence, Kansas	2013
7	13.99	Lindsay Vollmer	Hamilton, Missouri	2011	7	19' 01.25"	Samantha Collins	Mesa, Arizona	2008
8	14.03	Anna Hall	Highland Ranch, Colorado	2018	8	19' 00.50"	Ashlee Moore	Chandler, Arizona	2014
9	14.10	Shaye Maurer	Cedar City, Utah	2009	9	19'00.00"	Sterling Lester	Marietta, Georgia	2018
10	14.23	Ashlee Moore	Chandler, Arizona	2014	10	18'10.75"	Lindsay Vollmer	Hamilton, Missouri	2011

### ALL - TIME LONG JUMP

### ALL - TIME HIGH JUMP

1	6' 00.75"	<b>Kendell Williams</b>	<b>Kennesaw, Georgia</b>	2012	1	146' 03"	<b>Shauna Rohbock</b>	<b>Orem Mountain View, Utah</b>	1995
2	5' 11.50"	Anna Hall	Highland Ranch, Colorado	2018	2	143' 04"	Tiffany Lott	St. George Pine View, UT	1993
3	5' 10.75"	Gabby Williams	Sparks, Nevada	2012	3	143' 04"	Jessica Adams	Wendell, Idaho	2004
4	5' 10.50"	Jordan Lanning	Bayfield, Colorado	2019	4	140' 01"	Lindsay Vollmer	Hamilton, Missouri	2011
5	5' 09.75"	Alexa Harmon-Thomas	Lawrence, Kansas	2013	5	132' 10"	Jaynie Goodbody	Wendell, Idaho	2005
6	5' 08.00"	Ryann Kraiss	Methacton, Eagle Valley, Pennsylvania	2008	6	132' 10"	Brittani Williams	Houston, Texas	2006
7	5' 08.00"	Shaye Maurer	Cedar City, Utah	2009	7	130' 09"	Tarin Strosser	Salem, Utah	2014
8	5' 08.00"	Karli Johonnot	Las Vegas, Nevada	2009	8	129' 10"	Lauren Reimer	New Braunfels, Texas	2001
9	5' 08.00"	Ashlee Moore	Chandler, Arizona	2014	9	126' 02"	Sarah Bond	Eskridge, Kansas	2017
10	5' 07.75"	Molly Kenedy	Tennessee	2004	10	125' 01"	Haley Rizek	Albuquerque, New Mexico	2017

### ALL - TIME JAVELIN THROW

### ALL - TIME SHOT PUT

1	43' 01.00"	<b>Amber Metoyer</b>	<b>Boulder, Colorado</b>	2002	1	2:15.87	<b>Karli Johonnot</b>	<b>Las Vegas, Nevada</b>	2011
2	42' 01.25"	Alysiah Whittaker	Dittmer, Missouri	2013	2	2:16.20	Brianne Beemer	Loveland, Colorado	2008
3	42' 00.75"	Lauren Reimer	New Braunfels, Texas	2001	3	2:17.18	Anna Hall	Highland Ranch, Colorado	2018
4	41' 08.50"	Avery Ellis-Byerly	Austin, Texas	2015	4	2:17.71	Ryann Kraiss	Methacton, Eagle Valley, Pennsylvania	2008
5	40' 11.75"	Leigha Brown	McAllen, Texas	2013	5	2:17.84	Sterling Lester	Marietta, Georgia	2018
6	39' 05.00"	Shauna Rohbock	Orem Mt View, Utah	1995	6	2:18.52	Drianna Mustin	Glendale, Arizona	2014
7	38' 06.75"	Brittany Borman	DeSoto, Missouri	2006	7	2:19.44	Sourjourner, Brown	Beaumont, Texas	2008
8	38' 03.25"	Jaynie Goodbody	Wendell, Idaho	2005	8	2:19.75	Marlene Ingram	Las Cruces, New Mexico	1991
9	38' 02.00"	Noelle Pikus	Orem Mountain View, Utah	2001	9	2:19.98	Jordan Fields	Jacksonville, Florida	2014
10	38' 01.50"	Kelly Pottorff	Troy, Illinois	2018	10	2:21.14	Jennifer Olson	Denver Lincoln, Colorado	1989

### ALL - TIME 800 METER RUN

### ALL - TIME 200 METER DASH

1	24.24	<b>Sterling Lester</b>	<b>Georgia</b>	2018	1	5,798	<b>Anna Hall</b>	<b>Highland Ranch, Colorado</b>	2018
2	24.31	Ryann Kraiss (4.3)	Methacton, Eagle Valley, Pennsylvania	2008	2	5,522	Ryann Kraiss	Methacton, Eagle Valley, Pennsylvania	2008
3	24.40	Tiana Bonds	Las Vegas, Nevada	2014	3	5,383	Kendell Williams	Kennesaw, Georgia	2012
4	24.56	Anna Hall	Highland Ranch, Colorado	2018	4	5,357	Lauren Reimer	New Braunfels, Texas	2001
5	24.57	Cheyenne Hoerr	St. Louis, Missouri	2012	5	5,311	Ashlee Moore	Chandler, Arizona	2014
6	24.79	Kendell Williams	Kennesaw, Georgia	2012	6	5,270	Sterling Lester	Marietta, Georgia	2018
7	24.98	Karli Johonnot	Las Vegas, Nevada	2011	7	5,258	Tiana Bonds	Las Vegas, Nevada	2014
8	25.00	Lindsay Vollmer	Hamilton, Missouri	2010	8	5,185	Lindsay Vollmer	Hamilton, Missouri	2011
9	25.02	Carsyn Spurgeon	Vinita, Oklahoma	2015	9	5,158	Alexa Harmon-Thomas	Lawrence, Kansas	2013
10	25.03	Shaye Maurer	Cedar City, Utah	2009	10	5,113	Shauna Rohbock	Orem Mountain View, Utah	1994

### ALL - TIME TOP PERFORMERS

### ALL - TIME 1ST DAY TOTAL

1	3,478	<b>Anna Hall</b>	<b>Colorado</b>	2018
2	3,468	Kendell Williams	Kennesaw, Georgia	2012
3	3,379	Ryann Kraiss	Methacton, Eagle Valley, Pennsylvania	2008
4	3,340	Sterling Lester	Marietta, Georgia	2018
5	3,305	Lauren Reimer	New Braunfels, Texas	2001
6	3,285	Ashlee Moore	Chandler, Arizona	2014
7	3,258	Alexa Harmon-Thomas	Lawrence, Kansas	2013
8	3,245	Tiana Bonds	Las Vegas, Nevada	2014
9	3,243	Lindsay Vollmer	Hamilton, Missouri	2011
10	3,212	Shaye Maurer	Cedar City, Utah	2009