

GWS INDOOR ALL TIME TOP 10 FEMALE RUNNING PERFORMERS

60 METER

1	7.40	Alexa Rossum	Atlanta Zoom Athletic	2019
2	7.41	Arria Minor	Denver Lightning Track	2018
3	7.42	JasmineTodd	Chandler, AZ	2012
4	7.47	Ky Westbrook	Chandler, AZ	2014
4	7.47	Jadyn Mays	NX Level Track Club	2020
6	7.48	Kennedi Sanders	Madison Central	2019
7	7.50	Arria Minor	Denver, CO	2017
8	7.52	Tadrian Rose	Killeen, TX	2016
8	7.52	Sydney Holiday	FK Elite	2020
10	7.56	Jasmine Todd	Chandler, AZ	2011

800 METER

1	2:11.81	Anna Hall	FK Elite	2019
2	2:13.73	Dominique Mustin	Team Showtyme TC	2019
3	2:20.31	Carley Bennett	Unattached	2019
4	2:19.88	Chantae Steele	Colorado	2017
5	2:20.37	Shannon Maloney	Durango, CO	2014
6	2:20.45	Anaya Alexander	Walnut Creek, CO	2015
7	2:20.51	Marcella Cartledge	Phoenix, AZ	2011
8	2:20.93	Cameron Manes	Longmont, CO	2016
9	2:21.38	Heather Bates	Unattached	2013
10	2:21.69	Maggie Smith	Real Training	2018

200 METER

1	23.72	Arria Minor	Denver Lightning Track	2018
2	23.88	Alexa Rossum	Atlanta Zoom Athletic	2019
3	24.02	Arria Minor	Denver, CO	2017
4	24.15	Kennedi Sanders	Madison Central	2019
5	24.42	Jadyn Mays	NX Level Track Club	2020
6	24.43	Jasmine Todd	Chandler, AZ	2012
7	24.57	Ky Westbrook	Chandler, AZ	2014
8	24.62	Trinity Price	Atlanta Zoom Athletic	2019
9	24.64	Dior Hall	Denver, CO	2013
10	24.71	Nia Dorner	Sacramento, CA	2011

MILE RUN

1	5:06.16	Heather Bates	Unattached	2013
2	5:08.18	Heather Bates	Unattached	2012
3	5:12.66	Eva Jess	Team Bliss Track Club	2019
4	5:15.96	Carley Bennett	Unattached	2019
5	5:16.05	Sydney Badger	Nevada	2014
6	5:16.14	Carley Bennett	Valor Track Academy	2018
7	5:16.27	Eva Jess	Team Bliss Track Club	2018
8	5:16.84	Eva Jess	Team Bliss Track Club	2020
9	5:19.45	Elinor Enderle	Canon City, CO	2015
10	5:19.72	Kendra Melendez	El Paso, TX	2014

400 METER

1	53.80	Arria Minor	Denver Lightning Track	2018
2	54.85	Kyairra Reigh	Denver Lightning Track	2018
3	55.95	Camille Peisner	Valor Track Academy	2020
4	55.97	Madeline Price	California,Hillsbor	2014
5	56.14	Julia Hall	Denver, CO	2016
6	56.39	Dominique Mustin	Team Showtyme TC	2020
7	56.48	Anna Hall	Greenwood	2017
8	56.85	Simone Watkins	Denver, CO	2016
9	57.38	Ariel Ford	Team Xtreme,Mansfi	2016
10	57.46	Alyssa Blockburger	Tucon Magnet	2020

3200 METER

1	11:08.97	Eva Jess	Team Bliss Track Club	2020
2	11:10.92	Soleil Gaylord	Unnatached	2018
3	11:14.83	Eva Jess	Team Bliss Track Club	2019
4	11:19.91	Natasha Bernal	Albuquerque, NM	2015
5	11:20.37	Eva Jess	Team Bliss Track Club	2018
6	11:26.40	Allyson Arellano	Cottonwood, AZ	2015
7	11:27.80	Allyson Arellano	Cottonwood, AZ	2017
8	11:28.73	Allyson Arellano	Cottonwood, AZ	2016
9	11:36.12	Karyss Betzen	Amarillo, TX	2016
10	11:38.15	Jessie Peterson	Unattached	2010

60 HURDLES

1	8.28	Dior Hall	Denver, CO	2013
2	8.62	Anna Hall	FK Elite	2019
3	8.66	Myreanna BeBe	Arizona Elite	2019
4	8.69	Sherrelle Jordan	Chandler, AZ	2012
5	8.70	Simone Watkins	Unattached	2018
6	8.77	Kiana Gomez	Brighton, CO	2016
7	8.78	Myreanna BeBe	Arizona Elite	2018
8	8.79	Ashley Miller	Denver, CO	2013
9	8.80	Zoe Gilbertson	Thornton,CO	2015
10	8.88	Jai Gruenwald	Chandler, AZ	2017