

ALL - TIME TOP 10 FEMALE PERFORMERS

HAMMER THROW

1	193' 04"	Haley Showalter	Highlands Ranch, Colo.	2014
2	188' 08"	Samantha Kunza	Weetzville, Missouri	2018
3	179' 11"	Emma MacCoruodale	Nanaimo, Canada	2006
4	173' 05"	Danielle Gregory	St. Louis, Missouri	2017
5	167' 05"	Meagan Berg	Phoenix, Arizona	2006
6	167' 03"	Ashley Weber	Hereford, Arizona	2012
7	166' 00"	Kelli Thomas	Locust Grove, Georgia	2014
8	161' 09"	Bailey Tilley	Jenks, Oklahoma	2019
9	155' 01"	Michelle Bowen	Salt Lake City, Skyview, UT	2002
10	151' 00"	Maia Garren	Utah	2016

SHOT PUT

1	52' 00.50"	Michelle Carter	Dallas, Texas	2003
2	51' 01.25"	Sophia Rivera	Brentwood, Missouri	2015
3	49' 07.25"	Carla Garrett	Santa Fe, New Mexico	1984
4	48' 11.75"	Kathleen Young	Decatur, Illinois	2015
5	48' 10.75"	Sarah Stevens	Fort Collins, Colorado	2003
6	48' 09.00"	Kelli Burton	Kaysville, Utah	2002
7	48' 05.50"	Ashlie Blake	Las Vegas, Nevada	2011
8	48' 04.75"	Stephanie Horton	Tigard, Oregon	2005
9	47' 03.00"	Jill Rushin	Jackson, Missouri	2009
10	47' 02.25"	Chloe Lindeman	Fulton, Illinois	2017

DISCUS THROW

1	167'02.00"	D'Andre Carter	Dallas, Texas	2005
2	159' 09.00"	Maggie Bookout	Oklahoma City, Oklahoma	2022
3	157' 04.00"	Kylie Spurgeon	Owasso, Oklahoma	2007
4	156'02.00"	Lara Saye	Las Vegas, Nevada	2000
5	156'00.25"	Carla Garrett	Santa Fe, New Mexico	1984
6	155'06.00"	Michelle Carter	Dallas, Texas	2003
7	154'01.00"	Malayla Kelby	Lees Summit, Missouri	2017
8	153'01.00"	Paige Newby	Colorado City, Texas	2005
9	152'06.00"	Bambi Carson	Marlow, Oklahoma	1997
10	152'04.00"	Charissa Bailey	Page, Arizona	1985

JAVELIN THROW (2002 Rule)

1	167' 05"	Rachel Yurkovich	Newberg, Oregon	2005
2	165' 09"	Hannah Carson	Willis, Arizona	2011
3	157' 10"	Heather Bergman	Concordia, Kansas	2009
4	155' 09"	Avione Allgood	North Las Vegas, Nevada	2010
5	155' 01"	Brittany Borman	DeSoto, Missouri	2007
6	153' 02"	Kylene Knutson	Gilbert, Arizona	2012
7	152' 11"	Hannah Carson	Chandler, Arizona	2009
8	152' 07"	Rebekah Wales	West Monroe, Louisiana	2012
9	152' 01"	Sophia Rivera	Brentwood, Missouri	2015
10	150' 09"	Katelyn Gochenour	Logan, Iowa	2015

Old Rule Javelin throws are less than # 10

LONG JUMP

1	21'02.00"	Sarah Matthews	Longmont, Colorado	2005
2	20'10.75"	Maya Evans	Colorado	2018
3	20'09.75"	Alexis Brown	Kennedale, Texas	2019
4	20'09.00"	Chelsea Taylor	Denver, Colorado	2005
5	20'07.00"	Kiara Strayhorn	Jefferson, Missouri	2022
6	20'06.25"	Sametria Smith	Midland, Texas	2016
7	20'05.75"	Kaylor Harris	Mesquite, Texas	2016
8	20'05.25"	Carsyn Spurgeon	Vinita, Oklahoma	2016
9	20'05.00"	Ameia Wilson	Danville, Illinois	2019
10	20'04.25"	Jai Gruenwald	Arizona	2018

TRIPLE JUMP

1	43'00.50"	Jasmine Moore	Mansfield, Texas	2018
2	42'10.25"	Erica McLain	Plano, Texas	2004
3	42'03.25"	Lauren Stewart	Brentwood, Texas	2004
4	42'00.75"	Jennifer Madu	Murphy, Texas	2010
5	42'00.00"	Brooke Moore	St. Louis, Missouri	2022
6	41'11.50"	Diamond Riley	St. Louis, Missouri	2018
7	41'01.50"	LaJarvia Brown	Alton, Illinois	2016
8	41'01.00"	Alexus Brannon	Beaumont, Texas	2008
9	40'10.50"	Alexandra Madlock	Texas	2016
10	40'07.75"	Dallas Whitney, Rose	Pearland, Texas	2008

HIGH JUMP

1	6'00.00"	Chelsea Taylor	Denver, Colorado	2004
2	6'00.00"	Shanay Briscoe	Houston, Texas	2008
3	6'00.00"	Brigetta Barrett	Duncanville, Texas	2008
4	6'00.00"	Victoria Lucas	Midland, Texas	2008
5	6'00.00"	Gabby Williams	Sparks, Nevada	2012
6	5'10.75"	Candice Clifford	Glendale, Arizona	2001
7	5'10.50"	Jeana McDowell	Gilbert, Arizona	1995
8	5'10.25"	Melinda Boice	American Fork, Utah	1993
9	5'10"	Connie Johnson	Ogden, Utah	1986
9	5'10"	Dahlia Lockhardt	Mesa, Arizona	1987
9	5'10"	Inika McPherson	Port Arthur, Texas	2004
9	5'10"	Lauren Crockett	Ogden, Utah	2009
9	5'10"	Michaela Palu	San Antonio, Texas	2010
9	5'10"	Grace Pickell	Prarie Village, Kansas	2012

POLE VAULT

1	14'01.00"	Tori Weeks	Cabot, Arkansas	2015
2	14'00.00"	Shade Weygandt	Mansfield, Texas	2009
3	13'07.25"	Andrea Willis	Colorado Springs, Colorado	2016
4	13'06.25"	Rachel Laurent	Houma, Louisiana	2008
5	13'06.00"	Merritt Van Meter	Metarie, Louisiana	2010
6	13'06.00"	Lexi Weeks	Cabot, Arkansas	2015
7	13'00.25"	Anna Willis	Colorado Springs, Colorado	2022
8	12'11.50"	Nicole Summersett	Austin, Texas	2014
8	12'11.50"	Anna Griffith	Taylor, Texas	2017
8	12'11.50"	Riley Floerke	Portland, Texas	2018